

# MAY 2017

## Niskayuna Elementay School

### School News

#### MONDAY

Humbo Jumbo  
Pretzel Roll  
Corn Chowder  
Pineapple Cup

1

Alternative Meal: Yogurt,  
Salad Box, PBJ or Pizza

Chicken Nuggets  
Baked Fries  
W.G. Dinner Roll  
Applesauce

8

Alternative Meal: Yogurt,  
Salad Box, PBJ, or Pizza

Fish On A Bun  
(Cheese Optional)  
Peas  
Peach Cup

15

Alternative Meal: Yogurt,  
Salad Box, PBJ or Pizza

Burger(Plain or Cheese)  
Skaneateles Beans  
Lettuce & Tomato  
Pickles  
Peaches

22

Alternative Meal: Yogurt,  
Salad Box, PBJ, or Pizza

No School  
Memorial Day

29

#### TUESDAY

Beef Taco  
Hard or Soft  
With Toppings  
Corn  
Mixed Fruit

2

Alternative Meal: Yogurt,  
Salad Box, PBJ, or Pizza

Build Your Own Nachos  
Beef & Cheese over  
WG Chips  
Lettuce & Tomato Cups  
Mixed Fruit

9

Alternative Meal: Yogurt,  
Salad Box, PBJ, or Pizza

Beef Taco  
With Toppings  
Corn  
Mixed Fruit

16

Alternative Meal: Yogurt,  
Salad Box, PBJ, or Pizza

Chicken & Cheese  
Quesadilla  
Corn  
Spanish Rice  
Applesauce

23

Alternative Meal: Yogurt,  
Salad Box, PBJ, or Pizza

Taco Salad  
Corn Bread  
Corn  
Pear Cup

30

Alternative Meal: Yogurt,  
Salad Box, PBJ or Pizza

#### WEDNESDAY

Chicken Pot Pie  
Garlic Biscuits  
Mixed Vegetables  
Peach Cup

3

Alternative Meal: Yogurt,  
Salad Box, PBJ or Pizza

Cheese Tortellini  
Garlic Bread  
Spinach  
Peaches

10

Alternative Meal: Yogurt,  
Salad Box, PBJ or Pizza

Spaghetti With Sauce  
Garlic Bread  
Green Beans  
Pears

17

Alternative Meal: Yogurt,  
Salad Box, PBJ, or Pizza

Chicken a la King  
Whole Grain Rice  
Mixed Vegetables  
Pineapple Cup

24

Alternative Meal: Yogurt,  
Salad Box, PBJ, or Pizza

Meatball Sub  
With Cheese  
Green Beans  
Applesauce

31

Alternative Meal: Yogurt,  
Salad Box, PBJ, or Pizza

#### THURSDAY

Cheese Pizza  
Or  
Buffalo Chicken  
Garden Salad  
Grapes

4

Alternative Meal: Yogurt,  
Salad Box, PBJ or Pizza

Cheese Pizza  
Or  
Bacon Tomato Ranch  
Pizza  
Garden Salad  
Fruit: Oranges

11

Alternative Meal: Yogurt,  
Salad Box, PBJ or Pizza

Cheese Pizza  
Or  
White Broccoli Ricotta  
Carrot Sticks  
Banans

18

Alternative Meal: Yogurt,  
Salad Box, PBJ or Pizza

Cheese Pizza  
Or  
Sausage & Mushroom  
Pizza  
Garden Salad  
Fruit: Oranges

25

Alternative Meal: Yogurt,  
Salad Box, PBJ or Pizza

#### FRIDAY

Hot Cheese Bagel  
Tomato Soup  
Pear Cup  
Pudding Cup

5

Alternative Meal: Yogurt,  
Salad Box, PBJ or Pizza

Kati-Kati Baked Chicken  
Baked Jollof Rice  
Carrot Soup  
Fruited Jello

12

Alternative Meal: Yogurt,  
Salad Box, PBJ, or Pizza

Steak  
& Cheese Sub  
Broccoli Soup  
Berry Cobbler

19

Alternative Meal: Yogurt,  
Salad Box, PBJ, or Pizza

Cheese Ravioli  
Garlic Bread  
Green Beans  
Fruit: Pear Cup

26

Alternative Meal: Yogurt,  
Salad Box, PBJ, or Pizza

**"FOOD IS INFORMATION"**  
Listen Up for Our "Wakeup  
Wellness Call" Each  
Morning on the Daily  
Announcements!

Please make sure your childs  
meal charges are paid in full as  
the end of the school year is  
approaching

Breakfast Price: \$1.65  
Lunch Price: \$3.00  
Reduced Price Meals: \$.25

Menu Subject to change due to  
availability

#### DID YOU KNOW...

The birthstone for May is the emerald which  
represents success or love.