

NOVEMBER 2017 Niskayuna Elementary School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

American football is the main sport watched in the United States during this month.

Parent Conference
½ Day
Breakfast Only

Breakfast For Lunch
French Toast Sticks
Sausage/Hash Brown
Blueberry Cup
100% Juice Cup
Low Fat Milk

Chicken Tenders
Herb Enhanced Rice
Garlic Spinach
Celery & Carrot Sticks
Fruit Choice
Low Fat Milk

Cheese Pizza
Or
Broccoli Pizza
Romaine Salad with
Cucumbers & Tomato
Fresh Red & Green Pepper
Cup
Fruit Choice
Low Fat Milk

Veterans Day
No School

Hamburger On A Bun
Baked Fries
Baked Beans
Fruit Choice
Low Fat Milk

Parent Conference
½ Day
Breakfast Only

Cheese Tortellini
Garlic Dinner Roll
Green Beans
Fruit Choice
Low Fat Milk

Holiday Meal
Turkey & Gravy
Mashed Potatoes
Corn & Stuffing
Dinner Roll
Mini Pumpkin Pies

Cheese Pizza
Or
Pepperoni Pizza
Romaine Salad with
Cucumbers & Tomato
Carrot Sticks
Fruit Choice
Low Fat Milk

Kati Kati Chicken
Jollof Rice
Corn
Cucumber Cups
Assorted Fruit
Low Fat Milk

Nachos Beef & Cheese
Southwest Black Bean
Salad
Yellow Corn
Fruit Choice
Low Fat Milk

Italian Dunkers
Green Beans
Romaine Salad with
Cucumbers & Tomato
Fruit Choice
Jello Cup
Low Fat Milk

Happy Thanksgiving
No School

Thanksgiving
Holiday
No School

Beef Sliders
Sweet Potato Puff
Baked Beans
Fruit Choice
Low Fat Milk

**Taco Meat
Over Chips
Corn & Black Bean Salad**
Salad
Yellow Corn
Fruit Choice
Low Fat Milk

Baked Beef & Sausage
Penne
Garlic Roll
Winter Squash
Green Pepper Strips
Fruit Choice
Low Fat Milk

Cheese Pizza
Romaine Salad with
Cucumbers & Tomato
Carrot Sticks
Fruit Choice
Low Fat Milk

Kitchen Corner

1% or Skim White or non-Fat Flavored Milk \$.50

Fresh Fruit, Fruit Cup, Vegetables, & Milk choices are available daily with any lunch.

Daily Deli Sandwich

Mon- Turkey
Tues- Ham
Wed- Tuna
Thurs- Bologna
Fri- Turkey

PBJ or Yogurt w/ Cheese Stick offered daily

Meal Prices
Breakfast \$1.65
Reduced \$.25
Lunch \$3.00
Reduced Price \$.25

Reminder!
Please fill out your Free/Reduced Meal Application. A new form must be filled out each year.

USDA is an equal opportunity provider & employer
Menu subject to change without notice.

